

FREE SERVICE

Parent to Parent Support:

JUST START!

There is no greater priority in my life than to ensure that my daughter Alexa has the services and supports she needs to succeed.

Yet I was afraid to start the process. I knew that there were probably services available to Alexa. But the subject of transition was painful and confusing. Finally I took the first step: Westchester Arc's Life Planning/Navigation services put us on track to reach our goals. Now I want to help other parents to "just start"!

PARENT TO PARENT TRANSITION SUPPORT

If your child has a developmental disability and is anywhere from **13-21 years old**, and you need help to plan what will happen when the bus stops coming, call someone who has been there. I don't know everything, and the process can be challenging; but Alexa and I reached our goals and maybe I can help your family get started.

Have you ever wondered?

- How do I start? What services is my child eligible for? How do I qualify? And when?
- What does it mean to be OPWDD eligible? What is the HCBS waiver? SSI and Medicaid?
- Will my child find a safe and appropriate place to live? Have friends and activities? Supervision?
- Will someone be there for her if I can't be? How will I ensure her future after I'm gone?

If you want to find out how I began to answer these questions, please contact me.

Maybe I can be that first step for you...

Paul Stevelman

Email address
Phone number?

