

PHYSICAL THERAPY For the Developmentally Disabled

We provide:

- Complete physical assessment (i.e., strength, range of motion/flexibility, posture)
- Complete functional assessment (i.e., bed mobility, transfers, balance, ambulation on level surfaces and negotiation of stairs or function using a wheelchair)
- Therapy to improve strength, range of motion/flexibility, posture and quality of movement
- Therapy to improve function (i.e., transfer training, balance training, ambulation training with or without a walker or other assistive device)
- Individual one-on-one sessions provided
- Recommendations for changes in home environment
- Recommendations for medical or adaptive equipment
- Instruction for a home exercise program
- Strategies for dealing with physical disabilities

For more information:

- √ Call Westchester Arc Clinic at 914-949-9300, ex. 3400
- √ Contact your Medicaid Service Coordinator to initiate referral for physical therapy