

## Vocational Rehabilitation Counseling

### What Can Vocational Rehabilitation Counseling Do For You:

- Identify Career Interest (Skills & Functional Ability)
- Explore Educational History and Align with Career Path
- Evaluate & Assess Abilities via. Personality Trait Indicator, Interest Inventory, Etc.
- Enhance Job Search Skills
- Assist with the creation of Job/Talent/Skill Portfolio
- Enhance work related interpersonal Skills

### Who should be referred for Vocational Rehabilitation Counseling – Individuals experiencing:

- Difficulty in adapting to current vocational/employment setting
- Repetitive patterns of behavior problematic at the job site.
- A decline in work performance
- Workplace stress – implement stress reduction techniques
- Inappropriate interpersonal skills – implement corrective strategies
- Attendance/Lateness – implications thereof and how to correct
- Individuals requiring additional assistance to master a particular job task
- Individuals eligible for employment opportunities and require counseling assistance
- Individuals requiring assessment of strengths and limitations of job skills

Contact Information: Call Westchester Arc Clinic at 914-949-9300, ext. 3400  
Contact your Medicaid Service Coordinator to initiate referral for rehabilitation counseling.