

Wednesday  
February 7, 2007

# The Journal News

50 cent

LoHud.com

SERVING THE LOWER HUDSON VALLEY SINCE 1850

914-694-9300

Wednesday, February 7, 2007 The Journal News WP

Communities

LoHud.com



## More than a day at the office

**Above:** Diane, a client with Westchester ARC Without Walls, fills grocery bags at The Food Bank in Millwood to be distributed to local food pantries. The program helps integrate adults with disabilities into the community through sports, recreation and volunteer work.

**Right:** Pui Ying Cheung, owner of Let's Be Creative in Mohegan Lake, gets a hug from Mary, a client with the ARC Without Walls program.

**Below:** Randi Rubackin, right, a community habilitation specialist with Westchester ARC, helps Diane, a client, with a ceramic project.

