



# We Can Help

*Family Outreach Project  
Westchester Arc*



# What is the Family Outreach Project?

Westchester Arc's Family Outreach Project is a team of parents and professionals who work in the community, seeking out families with a member who is mentally retarded or has developmental disabilities whose needs for services are not being met. The project's staff work with the family to assess and identify their need for services, and then connect families to service providers that can make a big difference in their lives.

## How can we help?

Our Family Outreach Project can help families meet the challenges of caring for a relative with mental retardation or developmental disabilities by providing:

- Someone to call for help and guidance
- Information on programs and services
- Information and assistance for eligible families to receive benefits and entitlements
- Connections to health care, educational and recreational opportunities for the family member with a disability
- Counseling and training to help families stay together and plan for the future

## Who should contact the Family Outreach Project?

Anyone with a family member who has mental retardation or developmental disabilities and is not receiving the services they need for their relative. We also welcome inquiries from community members, church and synagogue leaders, social service professionals, or anyone who knows about a family who may benefit from the services we provide. We are available to make presentations explaining our service to interested community groups. Presentations are made in both English and Spanish.

## How can I get assistance?

**Call the Family Outreach Project at:  
(914) 949-9300, ext. 3140  
or (914) 882-3154.**

**ALL SERVICES ARE  
FREE OF CHARGE**





westchester**Arc**

**FAMILY OUTREACH PROJECT  
WESTCHESTER ARC**

121 Westmoreland Avenue  
White Plains, NY 10606  
(914) 949-9300, ext. 3140 or  
(914) 882-3154

[www.westchesterarc.org](http://www.westchesterarc.org)



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