

Westchester Arc

Guide to Services



Serving 1,600 people, one at a time.

Starting with our early intervention programs and continuing through our services for children, teens and adults, our “person-centered” approach recognizes individual strengths and abilities, and empowers individuals and families to make choices for themselves according to their self-perceived needs. In living up to our values, our services foster independence, productivity and participation in community life. Thus, the vast majority of services are delivered in community settings.

learn about us @ www.westchesterarc.org

Services, Education,
Advocacy and Support
that empower individuals to
achieve their full potential.

Our **Preschool** now offers two community-based inclusionary classes for children with PDD/Autism, and was the first preschool in Westchester County to offer this service. While some children attend our program at our preschool center in Hawthorne, NY, most of the children receive their services in community settings, such as local preschools and day care centers.

Transition Services for students leaving high school, and **Vocational and Career Services** for adults, seek work opportunities based upon the individual's expressed interests and personal goals. Our staff pound the pavement looking for jobs in the community. At the same time, we have expanded our in-house services to the business community providing center-based work for those who prefer employment and training at our centers.

Residential Services also take a "person first" approach. Built around the individual's personal choices and goals regarding work, recreation and community inclusion, the choices continue after placement, where residents take part in consumer council meetings making recommendations and decisions about all aspects of residential life. Our recreation department offers highly individualized

Respite Services as well as Recreational Programs that cultivate the talents of budding artists, singers, musicians and dancers. A wide variety of social opportunities, camp and travel programs offer choices for leisure time. Our services are the most comprehensive in Westchester, and for some services we are the only provider of that service in the county.

Westchester ARC is the only agency in Westchester to provide Guardianship Services for individuals with developmental disabilities and is the largest provider of such services in New York State.

Crisis Intervention, Service Coordination and Family Outreach help hundreds of individuals and families meet daily challenges, access services and navigate the complicated labyrinth of regulations which govern those services. And while there is a Clinic at our White Plains headquarters, our clinic provides most of its therapeutic and counseling services at the patient's home.

Life Planning for a life lived in dignity based on individual abilities, needs and preferences. Who makes it all possible? Responsible Leadership and Staff. Our board of directors and administration work side by side to uphold the mission, vision and values of Westchester ARC. Our staff receive comprehensive and ongoing training in person centered planning and in the latest approaches to serving people with mental retardation and developmental disabilities. They are acknowledged leaders in their fields and have earned for Westchester ARC its COMPASS status, an OMRDD designation that recognizes our excellence and leadership in the field.

Services Directory

ADULT DAY AND VOCATIONAL SERVICES

The Ann Manzi Center

699 Main Street,

Mount Kisco, NY 10549

(914) 241-0505

The Stella & Simon Sheib Center

567 Yonkers Avenue

Yonkers, NY 10704

(914) 963-1600

The Herbert Katzenberg Center

121 Westmoreland Avenue

White Plains, NY 10606

(914) 949-9300

CLINICAL SERVICES

121 Westmoreland Avenue

White Plains, NY 10606

(914) 949-9300

COMMUNITY SERVICES

(Crisis Intervention, Services Coordination, Family Outreach)

121 Westmoreland Avenue

White Plains, NY 10606

(914) 949-9300

24-hour crisis hotline

(914) 949-8200

EDUCATIONAL SERVICES

The Children's School for Early Development

40 Saw Mill River Road

Hawthorne, NY 10532

(914) 347-3227

EMPLOYMENT SERVICES

39 Westmoreland Avenue

White Plains, NY 10606

(914) 681-0656

GUARDIANSHIP SERVICES

121 Westmoreland Avenue

White Plains, NY 10606

(914) 428-8330

LIFE PLANNING SERVICES

121 Westmoreland Avenue

White Plains, NY 10606

(914) 949-9300

RECREATIONAL AND RESPITE SERVICES

121 Westmoreland Avenue

White Plains, NY 10606

(914) 949-9300

RESIDENTIAL SERVICES

121 Westmoreland Avenue

White Plains, NY 10606

(914) 681-0650

TRANSITIONAL SERVICES (S.T.A.R.)

39 Westmoreland Avenue

White Plains, NY 10606

(914) 683-5177



Westchester Arc

121 Westmoreland Avenue

White Plains, NY 10606

914-428-8330 • Fax 914-428-0322

www.westchesterarc.org